



What to bring in winter

Temperature can be going a bit up and down in winter. One day can have -20° centigrades, and only $+0^{\circ}$ C the day after. The snowlayer also varies a lot. Let us update you on the weather forecast right before you travel.

We recommend warm clothes, several layers, really good footwear, preferably leather hikingboots rather than rubber boots (they are usually not warm enough), gaters to stop snow from getting into the boots, termo underwear or downjacket/ skipants, that kind of outfit. Thick wool socks and soles in the boots is extra good, to keep the snow out of the boots as well. Warm gloves/ mittens are necessary, so is a warm cap, hood and scarves.

Be aware that we spend most of the daytime outdoors. To enjoy birds and nature the most, it really is crucial to keep warm.

You don't have to bring any flask/ thermos/ bottles. We cater for hot and cold drinks on all our excursions.

Towels and sheets are included in the accommodation price.

Bear in mind that the cold has a negative influence on camera batteries, bring several and keep them warm.

Very welcome/ Daniel

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